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Take Action Practitioner Guidebook

By Allison Waters

Australian Academic Press, Australia, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Take Action Practitioner Guidebook is a user-friendly guide to the Take Action Program, detailing the assessment and treatment of child anxiety. It is designed to be used with two companion workbooks: the Take Action Child Handout Workbook and Take Action Parent Handout Workbook. This practitioner guide uses an easy-to-read standardised layout of content to guide you through the steps covered in each treatment module as well as including child and parent handouts which may be photocopied. It also includes an assessment module providing useful information on a range of assessment measures for those practitioners wanting to use pre and post intervention outcome measures. The six treatment modules can be used sequentially across eight to ten weeks to provide an individual or group intervention. Clients can be provided with a professional and permanent record of therapy via the handouts and worksheets from the guide being purchased separately as the accompanying Take Action Child Handout Workbook and Take Action Parent Handout Workbook. The program teaches children aged 4-12 years helpful ways to cope with and manage anxiety. I...



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