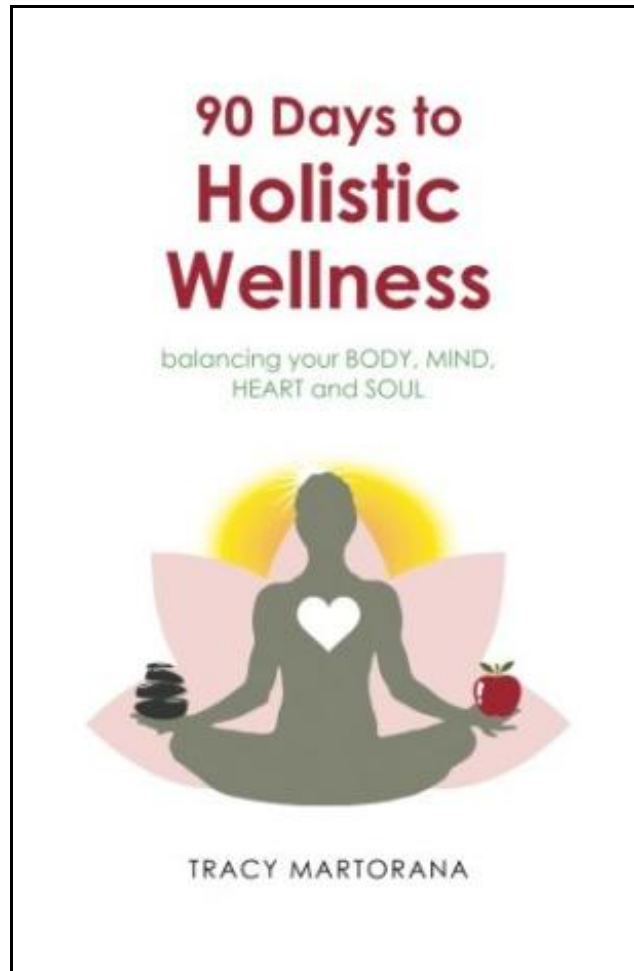


## 90 Days to Holistic Wellness: Balancing Your Body, Mind, Heart and Soul



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