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UPDATED PALEO DIET FOOD LIST BOOK



Createspace, United States, 2014. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Here s Your UPDATED Paleo Diet Food List (with a few choice sample shopping lists!) Your Simple Guide to Easy Paleo Shopping is all about finding the right ingredients! GET THIS BOOK BEFORE YOU STOCK UP ON TOO MANY PALEO RECIPE BOOKS. WHY? Have you ever wanted a quick idea of what s on and off the shopping...

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- Authored by Rachel Hathaway
- Released at 2014



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